



Don't forget to eat your vegetables

# Word of Life Breakfast

March 2019

## MONDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

## TUESDAY

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

## WEDNESDAY

## THURSDAY

## FRIDAY

Whole Grain Muffin  
Cheese Stick

Vegetable Selection  
Chilled Pears  
Milk

WG Bagel w/Cream  
Cheese

Vegetable Selection  
Orange Juice  
Milk

Long John  
Cheese Stick

Vegetable Selection  
Mandarin Oranges  
Milk

Yogurt w/Graham  
Crackers

Dried Cranberries  
Apple Juice  
Milk

No School

Cheerios Cereal Bar  
w/Cheese Stick  
Choice of Cereal

Vegetable Selection  
Pineapple Tidbits  
Milk

Great Northern Cinnamon  
Roll  
Yogurt  
Vegetable Selection  
Applesauce  
Milk

Banana Chocolate Loaf w/  
Cheese Stick  
  
Vegetable Selection  
Fresh Orange  
Milk

Mini Donuts  
Cheese Stick  
  
Vegetable Selection  
Chilled Peaches  
Milk

Blueberry Muffin w/Yogurt  
  
Vegetable Selection  
Apple Juice  
Milk

Banana Loaf w/Cheese  
stick  
  
Vegetable Selection  
Pineapple Tidbits  
Milk

Brown Sugar Cinnamon  
Pop Tart w/Cheesestick  
Choice of Cereal

Vegetable Selection  
Chilled Apricots  
Milk

Banana Chocolate Loaf w/  
Cheese stick  
  
Vegetable Selection  
Fresh Orange  
Milk

Graham Crackers  
w/Yogurt  
  
Vegetable Selection  
Mixed Fruit  
Milk

WG English Muffin w/Jelly  
Chilled Yogurt  
  
Vegetables Selection  
Fresh Apple  
Milk

WG English Muffin  
Sunbutter and Jelly  
Cheese Stick  
  
Vegetable Selection  
Chilled Pears  
Milk

No School

No School

No School

No School

No School

### Prices

### Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

### Got Milk?

Milk choice of 1% White, Skim or Chocolate  
Skim is included with Breakfast.

