

Word of Life Lutheran School  
**MCFI**  
 K-12 Cold Breakfast



**December**  
**2021**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK FOR SCHOOL:</b> SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE  MENU SUBJECT TO CHANGE		<b>1</b> Whole Grain Pop Tarts Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>2</b> Whole Grain Cereal or Cereal Bar Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>3</b> Whole Grain Crackers Yogurt Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
<b>6</b> Whole Grain Breakfast Muffin String Cheese Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>7</b> Whole Grain Cereal Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>8</b> WG CrunchMania Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>9</b> Whole Grain Cereal or Cereal Bar Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>10</b> Whole Grain Cereal Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
<b>13</b> Whole Grain Breakfast Bread Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>14</b> Whole Grain Cereal Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>15</b> WG Pop Tarts Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>16</b> Whole Grain Cereal or Cereal Bar Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>17</b> Whole Grain Crackers Yogurt Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
<b>20</b> No school Merry Christmas	<b>21</b> No school Merry Christmas	No school Merry Christmas	No school Merry Christmas	No school Merry Christmas
No school Merry Christmas	No school Merry Christmas	No school Merry Christmas	No school Merry Christmas	No school Merry Christmas