

Type School Name Here

**MCFI**

**K-8 Hot Lunch**



**February  
2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Beef Taco Meat with Shredded Cheese on WG Tortilla Taco Sauce WG Cinnamon Goldfish Graham Ranchero Beans Seasonal Fruit Choice of Milk	<b>2</b> Domino's Cheese Pizza WG Strawberry Waffle Graham Fresh Broccoli Bites Seasonal Fruit Choice of Milk	<b>3</b> Cheeseburger on WG Bun Ketchup Packet (2) Oven-Roasted Potatoes Seasonal Fruit Choice of Milk
<b>6</b> Chicken Taco Meat with Shredded Cheese over WG Tortilla Chips (1 oz) Taco Sauce Ranchero Beans Seasonal Fruit Choice of Milk	<b>7</b> WG Chicken Patty on WG Bun Mayo Packet Fresh Romaine Salad with Ranch Dressing Seasonal Fruit Choice of Milk	<b>8</b> Turkey Hot Dog on WG Bun Ketchup Packet Fresh Baby Carrots Seasonal Fruit Choice of Milk	<b>9</b> WG Chicken Nuggets BBQ Sauce Packet WG Blueberry Muffin Roasted Sweet Potatoes Seasonal Fruit Choice of Milk	<b>10</b> Chicken and Gravy over Mashed Potatoes WG Dinner Roll with Margarine Packet Seasonal Fruit Choice of Milk
<b>13</b> Teriyaki Chicken over WG Brown Rice WG Pretzel Breadstick Fresh Baby Carrots Seasonal Fruit Choice of Milk	<b>14</b> WG Cheese Pizza Sticks Marinara Dipping Sauce (1/4 cup) WG Graham Cracker Fresh Celery Sticks (1/2 cup) Seasonal Fruit Choice of Milk	<b>15</b> WG Chicken Corn Dog Ketchup Packet Vegetarian Baked Beans Seasonal Fruit Choice of Milk	<b>16</b> Cheeseburger on WG Bun Ketchup Packet Steamed Corn Seasonal Fruit Choice of Milk	<b>17</b> Turkey Breast Deli Meat and Cheese on WG Roll Mayo Packet WG Pretzel Goldfish Fresh Broccoli Bites Seasonal Fruit Choice of Milk
<b>20</b> Roasted Chicken Leg BBQ Sauce Packet WG Biscuit Steamed Green Beans Seasonal Fruit Choice of Milk	<b>21</b> WG Chicken Smackers BBQ Sauce Packet WG Cornbread with Honey Fresh Romaine Salad with Ranch Dressing Seasonal Fruit Choice of Milk	<b>22</b> Non-WG Mac and Cheese WG Pretzel Breadstick Steamed Peas Seasonal Fruit Choice of Milk	<b>23</b> Domino's Cheese Pizza WG Muffin Fresh Baby Carrots Seasonal Fruit Choice of Milk	<b>24</b> WG Cheese Quesadilla Taco Sauce Fiesta Beans Seasonal Fruit Choice of Milk
<b>27</b> Chicken Alfredo over Bowtie Pasta WG Pretzel Breadstick Fresh Baby Carrots Seasonal Fruit Choice of Milk	<b>28</b> Beef Taco Meat with Shredded Cheese over WG Tortilla Chips (1 oz) Taco Sauce WG Apple Cinnamon Bear Crackers Ranchero Beans Seasonal Fruit Choice of Milk	<b>MILK FOR SCHOOL:</b> <b>SKIM WHITE</b> <b>LOW FAT WHITE</b> <b>SKIM CHOCOLATE</b>  <b>MENU SUBJECT TO CHANGE</b>		

