



Don't forget  
to eat your  
vegetables

# Word of Life Breakfast

January  
2019

## MONDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

## TUESDAY

No School

## WEDNESDAY

No School

## THURSDAY

Yogurt & Graham Crackers

Vegetable Selection  
Orange Juice  
Milk

## FRIDAY

Banana Chocolate Loaf  
Cheese Stick

Vegetable Selection  
Chilled Apricots  
Milk

Whole Grain Muffin  
Cheese Stick

Vegetable Selection  
Chilled Pears  
Milk

WG Bagel w/Cream  
Cheese

Vegetable Selection  
Orange Juice  
Milk

Long John  
Cheese Stick

Vegetable Selection  
Mandarin Oranges  
Milk

Yogurt w/Graham  
Crackers

Dried Cranberries  
Apple Juice  
Milk

English Muffin w/Cheese  
Cheese Stick

Vegetable Selection  
Fresh Apple  
Milk

Great Northern Cinnamon  
Roll  
Cheese Stick  
Vegetable Selection  
Chilled Peaches  
Milk

Blueberry Loaf  
Cheese Stick

Vegetable Selection  
Apple Juice  
Milk

Mini Donuts  
Cheese Stick

Vegetable Selection  
Fresh Orange  
Milk

Yogurt & Graham  
Crackers

Vegetable Selection  
Orange Juice  
Milk

Banana Chocolate Loaf  
Cheese Stick

Vegetable Selection  
Chilled Apricots  
Milk

No School

Banana Chocolate Loaf  
Cheese Stick

Vegetable Selection  
Chilled Pineapple Tidbits  
Milk

Blueberry Muffin  
Cheese stick

Vegetable Selection  
Orange Juice  
Milk

WG English Muffin w/Jelly  
Chilled Yogurt

Vegetables Selection  
Fresh Pear  
Milk

WG English Muffin  
Sunbutter and Jelly  
Cheese Stick

Vegetable Selection  
Mandarin Oranges  
Milk

Great Northern Cinnamon  
Roll  
Cheese Stick

Vegetable Selection  
Chilled Peaches  
Milk

B'Berry Loaf  
Cheese Stick

Vegetable Selection  
Apple Juice  
Milk

Mini Donut  
Cheese Stick

Vegetable Selection  
Fresh Orange  
Milk

Yogurt & Graham  
Crackers

Vegetable Selection  
Orange Juice  
Milk

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

### Prices

### Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

### Got Milk?

Milk choice of 1% White, Skim or Chocolate  
Skim is included with Breakfast.

